

Mountain Home Canoe Club
Code of Conduct
February 2024

As a member of Mountain Home Canoe Club and in accordance with being a part of the club's Ohana (family), I pledge and agree to familiarize myself with and adhere to the following "Code of Conduct."

- Treat all fellow members and the community with respect, honesty, fairness, and aloha.
- Show respect for self, other members, competitors, and the club Ohana.
- Show respect for the members of the Board of Directors.
- Show respect for the coaches', the coaches' directions, and decisions.
- Show respect for the environment and our river home.
- Show respect for the club's equipment and property.
- Attend scheduled practices, declaring my availability on TeamSnap (or platform club currently uses) as early as possible.
- Volunteer for, participate in, and support club activities, events, races, and committees.
- Strive to achieve my personal best both physically and mentally, and support others in this effort.
- Behavior such as violence, physical abuse, verbal abuse, or sexual harassment in any form is unacceptable and grounds for immediate suspension or expulsion from the club.
- Never consume alcohol or drugs before or during practice and races.
- Endeavor to pay the full amount of dues by the required date.
- Keep the best interest of the club and my crew before personal aspirations.

I understand that it is my responsibility to uphold the Code of Conduct. I understand that the club promotes an open forum of communication, and that I should follow the procedures to make myself heard. If I have a complaint, I will first talk to my coach or a member of the Board of Directors. If I feel that my complaint isn't being addressed properly, I may bring the issue to the attention of the Board of Directors. I understand that I have the power and responsibility to make a positive difference in my club.

I will always respect the club and club member's property. I understand that when I leave my personal property on the dock or club house at any time, I do so at my own risk and I accept personal responsibility for them.

~ Be kind, be fair, be committed, be competitive, help others!